

From Facebook

Douglas Lumsden MSP

🔧 Big thank you to [Inverurie & District Men's Shed](#) for showing myself and [Harriet Cross For Gordon and Buchan](#) around their workshop today.

👷 They told us about what they've been doing at their site and around Inverurie, but also what support they need moving forward.

🔧 Across the country Men's Sheds do fantastic work supporting men's mental and physical health whilst giving back to their communities.

👜 I'm looking forward to supporting them in their future plans to expand!

Harriet Cross For Gordon and Buchan

Alongside [Douglas Lumsden MSP](#) it was a pleasure to meet members of the [Inverurie & District Men's Shed](#) & hear about their work supporting all aspects of men's health & wellbeing, as well as their work in the community.

🏠 As they enter their 10th year, [#Inverurie](#) have big plans and ambitions for their future. 🙌 They have my full support in achieving this and continuing their great work for, and with, men & the community of Inverurie & District.